

Kirk D. Hamilton, MD, CCFP (PC), FCFP  
London Newborn Circumcision Clinic (LNC)  
510 Southdale Rd. E., Suite 201  
London, Ontario N6E 0B2  
PH: 519-472-2920, FAX: 1-877-423-9739

---

## Circumcision Care:

Newborn circumcision is a safe procedure. Potential complications include bleeding and infection. If there is any significant bleeding during the procedure, Dr. Hamilton will manage this prior to bringing your infant back to you after the circumcision is completed. Infection is an extremely rare occurrence and is unlikely to occur. Fever, significant swelling and green, foul smelling discharge may be signs of infection and you should seek medical attention urgently if these signs or symptoms develop. If your infant has excessive bleeding after the procedure you will need to bring him to the Emergency Department at Victoria Hospital.

During the procedure, Dr. Hamilton will give a local anesthetic agent to the base of the penis to decrease the sensation of pain during the procedure. Also, your infant may be given an oral concentrated glucose (sugar) solution by mouth which can distract your infant and may help to decrease the sensation of discomfort during the procedure.

After the procedure, there will be Vaseline gauze dressing applied to the top of the penis. Usually, this will fall off on its own within the first 24 hours after the procedure. If it does not fall off on its own, soak the area in warm water for 5-10 minutes and gently unwind the gauze.

Please avoid bathing your infant until the next day after the procedure. During diaper changes, clean the area as best as possible using a moist wash cloth and apply generous amounts of Vaseline on the gauze dressing (or directly to the area if the gauze has fallen off) with each diaper change for the first 24 hours. Avoid baby wipes on the penis until the area has healed. Continue lubricating the penis with generous amounts of Vaseline for one week after the procedure.

You can expect the area where the foreskin was removed to be swollen for the first 24-72 hours after the procedure and the skin will be swollen and may cover part of the top of the penis (the glans penis). After a few days, this swelling will settle and the area where the foreskin was will appear quite raw. There will likely be a yellow or white discharge in this area which is part of the normal healing process.

Surprisingly, the area heals quite quickly and is healed by the 5<sup>th</sup> to 8<sup>th</sup> day after the procedure.

The urethra (where the urine is passed through) is not affected by the circumcision and does not cause any changes in your infant's voiding of urine.

The procedure takes about 15 minutes and your infant can be fed immediately after the procedure.

There will be a "double" diaper placed on your infant after the procedure and this will be removed by Dr. Hamilton's staff after 30-45 minutes and the post circumcision site will be assessed to make sure there is not any excessive bleeding present. Further "double" diapers will not be required after leaving the office.

Infant Tylenol (80mgs/ml) may be given to your infant for the first 24 hours at a dose of 10-15 mgs/kg given every 4-6 hours if your infant seems to be in discomfort.

You do not have to see your regular health care provider next week unless you already have a scheduled appointment or you have concerns about the healing of the circumcision site.

Any questions you may have about this procedure can be discussed with Dr. Hamilton or his nurse prior to the procedure and the signing of the consent for your infant's newborn circumcision.